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MEETING MINUTES
STATE CONSUMER AND FAMILY ADVISORY COMMITTEE

July 14, 2011

Present: Nancy Black, Dave Bullins, Nancy Carey, Pamela Chevalier, Gladys Christian, Sue Guy, Cassandra Williams-Herbert, Libby Jones, Laura Keeney, Ron Kendrick, Mark Long, Carol Messina, Rosemary Weaver and Christina Tolbert.

Absent: Carl Noyes and Paul Russ.

Staff Present: Jim Jarrard, Stuart Berde, Cathy Kocian, Ken Marsh, Kathy Nichols, Amelia Mahan, and Ging Fernandez..

Guests Present: Bob Carey, Laurie Coker, Marc Jacques, Fred Johnson, Dr. Mike Lancaster, Zeta Lanier, and Gerri Smith.

Presenter & Topic	Discussion	Action
Welcome: Rosemary Weaver, SCFAC Chair	<ul style="list-style-type: none"> Rosemary Weaver introduced two new SCFAC members: <ul style="list-style-type: none"> The NC Association of County Commissioners appointed Cassandra Williams-Herbert, Johnston County CFAC member, representing substance abuse. The Senate appointed Christina Tolbert, Beacon CFAC member, representing mental health. Sara “Sissy” Perry was appointed by the Senate, but was unable to attend the meeting today. 	<p>The agenda was approved.</p> <p>The May 2011 minutes were approved with changes.</p>
Public Comment/Issues	<ul style="list-style-type: none"> Amelia Mahan, LCSW, Division of Medical Assistance presented an overview of documents for the Behavioral Health/Integrated Care Toolkit and <i>Toolkit Facesheet</i>. The goal is to publish the toolkit in the August Medicaid bulletin, so she requested concerns/questions/feedback on the documents from SCFAC members. Ging Fernandez, DMH, distributed draft copies of the joint Mental Health and Substance Abuse Block Grant Plan which is due Sept.1, 2011. This is in addition to the separate MH block grant application and SA block grant application. The directions require the State to add recovery supports as one of the goals. Ging requested that SCFAC members provide their feedback by the end of July. Bob Carey addressed SCFAC members on the PBH non-disclosure document that many LMEs have signed. Bob believes the agreement is not suitable for public companies because the information is public information. He also touched upon the document he emailed to all SCFAC members titled <i>Guide to Government and Public Records</i>. Bob asked SCFAC to continue the teleconferences with local CFACs. Laurie Coker, Executive Director NCCANSO, invited SCFAC members to 	<p>SCFAC members will review the documents and provide feedback to Cathy Kocian by 7-18-11.</p> <p>SCFAC members agreed to submit their feedback to Cathy Kocian by 7-29-11.</p>

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	<p>participate in the Advocacy workgroup that meets one time a month with staff from the Division and DHHS so anyone interested can contact her. Laurie commented on the MH Black grant that was previously discussed and stated that the statute that created it was aimed at reducing hospitalization and facility based living. According to Laurie, the original intent was for innovations and pilot projects. She also addressed health care reform and said the federal government has acknowledged that you can't separate MH and physical health and care for the whole person. She believes there should be local community groups of advocates established and encouraged SCFAC to:</p> <ul style="list-style-type: none"> ○ Determine what the role will be for the LMEs, and ○ What will the role be for CABHAs. 	
<p>Waiver Leadership Team Ken Marsh, and Kathy Nichols</p>	<ul style="list-style-type: none"> • Kathy Nichols, DMA, provided an update on the RFA applications which were due 5-20-11. The state received the following applications: <ul style="list-style-type: none"> ○ Centerpoint Human Services ○ The Durham Center - with Guilford, Johnston and Cumberland counties ○ Eastpointe - with the Beacon Center and SER ○ Pathways- with MHP and Crossroads Behavioral Health ○ SMC ○ SEC – with OCBH ○ Wake County • The Desk review process was conducted May 23-June 3. <ul style="list-style-type: none"> ○ Mercer site visit took place with Sandhills and ECBH on June 7 and June 9. ○ RFA on-site review visits took place June 21-June 30. If any of the LMEs that submitted an RFA don't pass the first review, they will have 45 days to submit a Plan of Correction and pay for a second Mercer On-Site visit. ○ The RFA award announcement will be made by August 1. • Libby Jones commented on Guilford and the fact that they are not going to move forward with Durham, but have shown interest in moving forward with Sandhills. This issue will be voted on in August. • All implementation plans must be in effect by January 2013. The following implementation dates for the LMEs are: <ul style="list-style-type: none"> ○ WHN will have a readiness review 8-10-11, and implementation will begin January 2012 ○ PBH will merge with Alamance Caswell on October 2011, 5 County on January 2012 and OPC on April 2012 ○ Implementation for ECBH will be April 2012 ○ Sandhills is expected to begin implementation July 2012 ○ Mecklenburg's date is set for January 2013 	

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	<ul style="list-style-type: none"> ○ The LMEs selected in the RFA process will work on implementation to begin January 2013. ○ DHHS will assign the unassigned LMEs in January 2013 in order for completion to be done by July 2013 • Nancy Carey commented on the PBH non-disclosure document. Ken explained that DHSS understands this to be a copy right protection issue. • Ken discussed the merger or inter-local agreement with LMEs and the fact that local CFACs will need to decide how they will move forward with other CFACs. Ken asked the SCFAC to provide guidelines on how local CFACs should come together, and the document would be given to LMEs as guidance. Cathy Kocian acknowledged the positive merger activities taking place among Pathways/MHP/Crossroads CFAC members, and the three CFACs and LME staff will be meeting on September 8, to discuss their future plans. Ron Kendrick motioned (Nancy Black 2nd) <i>SCFAC members willing to work on a document with SCFAC LCFAC Interface task team to develop a baseline document to then share with LCFACs.</i> Motion passed unanimously. Several SCFAC members agreed to work on this project with the task team in order for this information to be presented to the local CFACs during the August 17, conference call. • Ron Kendrick and Nancy Black encouraged all SCFAC members to be mindful of fund balances during these mergers. The LCFACs ought to be involved with fund balance discussion and LMEs are morally obligated to contribute. • Paul Russ and Frank Edwards are on the Waiver Leadership Team and the meetings have been held in Raleigh, However, there is a need to replace Frank since he is no longer on the SCFAC. Kan asked if someone on SCFAC would be willing to replace Frank. • Ken announced that the state needs to develop a draft strategic plan to put forth to the General Assembly by October, and then do quarterly updates. He requested that the SCFAC review the plan when the draft is ready. 	<p>The SCFAC LCFAC Interface task team along with Nancy Black, Christine Tolbert, Nancy Carey, Carol Messina, Mark Long, Cassandra Williams-Herbert and Ron Kendrick will develop the document.</p> <p>Nancy Black asked Cathy Kocian to contact SMC CFAC and CET members to gather input on merger activities. Cathy will send them the Pathways/MHP/Crossroads chart as a visual aid.</p>
<p>Discussion with Division Leadership Jim Jarrard</p>	<ul style="list-style-type: none"> • Jim Jarrard distributed 2 handouts and addressed questions presented by SCFAC members: <ul style="list-style-type: none"> • 2011 Enacted Legislation Directly or Indirectly Impacting DHHS <i>Prepared for by the Office of Government and Community Relations.</i> • DHHS- DMH/DD/SAS Selected Budget Item Overview <ul style="list-style-type: none"> ▪ The seven vacant advocacy positions located throughout facilities (5 positions) and/or community setting (2 positions) were eliminated and will not be filled. ▪ There has been a reduction in community service funds in the amount of \$20 million, and Jim explained that there is another \$25 million that 	

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can be taken from LME fund balance and the services won't be affected. Ron Kendrick acknowledged that currently there is approximately \$220 million in LME fund balance across the state.

- Child and Family Support Teams: eliminates funding for coordinator positions located in 15 LMEs. These positions supported the Child and Family Team pilot program.
- Information Technology Reserve: eliminates the funding for the information technology account that is used to fund the facilities' information technology systems upgrade.
- Jim mentioned the importance of looking at the whole person (MH, SA, DD primary health side). Laura Keeney inquired about the changeover to a managed care organization. Jim explained some of the mergers are free standing LMEs and a few LMEs designated a lead agency to oversee all the business activities. The LMEs can use some of their fund balance to facilitate the changeover. There will be no more than 12 LME/MCOs.
- Nancy Carey asked about the administrative funds and if there would be adequate funding for human rights issues in order to ensure there are workers in the community. Jim referenced the presentation Pathways did that demonstrated efficiencies, and LMEs will have a designated percentage that can be used for administrative cost..
- Gladys Christian asked how Certified Peer Support Specialists (CPSS) will fit in with the changes.
 - Jim explained that each of the new waiver entities are responsible for providing peer support services. The LMEs will be able to utilize their savings and develop b3 services, one of which is peer support services.
 - Rosemary Weaver received clarification that LMEs can contract with consumer run business to provide peer support services.
- SCFAC members discussed the provider rates and the recent national issue of possibly reducing provider rates. PBH already pays a higher rate compared to Medicaid for psychiatry and medication management. In a waiver environment the LMEs can determine the rate. Currently, the LME has the option of having a clinical director versus having a medical director.
- Nancy Carey stated that Secretary Cansler said he would get the Attorney General's opinion on the PBH forms, so she would like to get the written statement as to why the PBH non disclosure documents are legal for public agencies. Jim explained that the PBH forms are on the PBH website and she could review all forms being used by the LMES. The public can review all the forms they just can't use them for business.
- Libby Jones addressed *Family Partners* and the fact they are doing case management. Plus, they are doing national Certification through a grant with

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	<p>SAMHSA.</p> <ul style="list-style-type: none"> ▪ Ron Kendrick asked SCFAC members to visit the legislation in the next session. SCFAC can address their concerns personally with each of their own representatives and senators. 	
<p>NC CCNC Dr. Mike Lancaster</p>	<ul style="list-style-type: none"> • Dr. Lancaster presented information on the <i>Behavioral Health Initiative: Integrated Care</i>. • There are currently 14 CCNC networks across NC, and the providers join on a volunteer basis. <ul style="list-style-type: none"> • AccessCare Network Sites • AccessCare Network Counties • Community Care of Western North Carolina • Community Care of the Lower Cape Fear • Carolina Collaborative Community Care • Community Care of Wake and Johnston Counties • Community Care Partners of Greater Mecklenburg • Carolina Community Health Partnership • Community Care Plan of Eastern Carolina <ul style="list-style-type: none"> ○ Northern Piedmont Community Care ○ Northwest Community Care • Partnership for Health Management <ul style="list-style-type: none"> ▪ Community Care of the Sandhills ▪ Community Care of Southern Piedmont • What does the Research Say? <ul style="list-style-type: none"> • Surgeon General Report says that 20% of the population has a mental health diagnosis • Nearly 70% of all health care visits have a psychosocial component (Fries, et. Al 1993, Shapiro et al., 1985) • 67% of all psychopharmacological drugs are prescribed by primary care physicians • Simon report (1992) suggests that on average, primary care patients with even mild levels of depression use two times more health care services annually than their non-depressed counterparts • The following topics were discussed: <ul style="list-style-type: none"> • Workforce issues • Model of Care • Resources in NC • Initial Focus • What are the four quadrants describing the people we serve: <ul style="list-style-type: none"> • Quadrant I- Low Behavioral Health /Low Physical Care 79% • Quadrant II- High Behavioral Health/Low Physical Care 12% • Quadrant III- Low Behavioral Health /High Physical Care 7.3% 	

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	<ul style="list-style-type: none"> Quadrant IV- High Behavioral Health /High Physical Care 1.6% 	
SCFAC Meeting Attendance & Hotel Reservations	<ul style="list-style-type: none"> SCFAC members must attend 2/3 of the meeting (9-1:30pm) to be reimbursed for travel and stipend. SCFAC members who receive hotel rooms for the SCFAC meeting must take full responsibility for canceling their own reservations by 4:00 pm date of arrival. The state will not pay for hotel rooms that are not occupied, so any room that is not canceled by the SCFAC member will be the individual's responsibility for payment. 	
SCFAC Fall Newsletter	<ul style="list-style-type: none"> SCFAC members agreed to assist with articles for the fall newsletter. <ul style="list-style-type: none"> Gladys Christian will write an article on PSS and possibly include National Association of Peer Support Nancy Black will draft an article on the <i>Asperger Connection School</i>. Nancy is starting this school for youth, and It's her belief that if she can't stop the cuts/changes she needs to be a part of the solution. Christine Tolbert agreed to draft an article on <i>Motivational Interviewing</i> Paul Russ- Rosemary is going to ask him to write something on his recent award from the NCCCP for <i>CFAC Leadership</i> Rosemary Weaver acknowledged that she would also include waiver communication in the newsletter. 	SCFAC members agreed to submit their articles for the newsletter to Cathy Kocian by 8-17-11.
SCFAC Meeting with Secretary Cansler	<ul style="list-style-type: none"> On June 28, Rosemary Weaver met with Secretary Cansler, Mike Watson, Beth Melcher, Steve Jordan and Stuart Berde. The meeting went very well and the Secretary was most concerned with LCFAC issues. Rosemary reminded the group that the SCFAC is not the spokesperson for the LCFAC. SCFAC is statutorily responsible for: <ul style="list-style-type: none"> Providing technical assistance to the LCFACs Receive the findings from the LCFACs. Secretary Cansler asked if the LCFACs are being included with the merger process, and if LCFACs had suggestions they would share with other local CFACs. SCFAC members discussed contacting legislative leaders and thank them for their commitment to MH/DD/SAS: <ul style="list-style-type: none"> Nancy Black will contact Rep.Justin Burr Dave Bullins will contact Senator Fletcher Hartsell & Rep. Jeff Barnhardt Libby Jones will connect with Rep. Pat Hurley Nancy motioned (Mark Long 2nd) <i>the SCFAC advises the SCFAC Chair to write a letter to Steve Jordan requesting DMA/DMH include the SCFAC input in the draft proposal from the planning stages and give more timely notice.</i> 	

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	<p>Motion passed unanimously.</p> <ul style="list-style-type: none"> • SCFAC members discussed the agenda process and the fact that important topics are brought before the SCFAC one week before the meeting. Libby motioned (Laura Keeney 2nd) <i>the SCFAC gives the chair discretion to change agenda items for division projects</i>. Motion passed unanimously. • Nancy Carey addressed the SCFAC bylaws and asked is Secretary Cansler will be attending future SCFAC meetings. According to the SCFAC bylaws: Section 3. Meetings with the Secretary DHHS At least annually in a regular meeting the SCFAC shall meet with the Secretary of DHHS to present its position on the progress of the Division of MH/DD/SAS in meeting the goals of system reform and the outcomes identified in the State MH/DD/SAS Plan. The SCFAC will place the meeting with the Secretary on the agenda in the last quarter. Additional meetings with the Secretary of DHHS may be scheduled as necessary. • The other topics that were discussed included: <ul style="list-style-type: none"> • Monitoring • Ensuring CABHA effectiveness and balancing the needs of all disability groups. This might be a project for the Services task team. • Open Windows: Nancy Black commented that the Open Windows project is a federal mandate, and this team would like to review the Open Windows. 	<p>Rosemary Weaver and Libby Jones will draft an executive summary to Secretary Cansler in the off months.</p> <p>SCFAC has requested that Secretary Cansler attend the March or May 2012 SCFAC meeting.</p>
Budget Task Team	<ul style="list-style-type: none"> • Nancy requested that Bill Scott attend the September meeting and provide a line-by-line presentation on the budget. 	Nancy Black will draft a thank you letter to Rep. Verla Insko.
SCFAC to LCFAC Interface task Team	<ul style="list-style-type: none"> • Sue Guy has agreed to Chair this task team. And two new members Christine Tolbert and Cassandra Williams-Herbert will also join this group. 	The next SCFAC LCFAC conference call will be held on August 17, from 7-8pm.
Services Task Team	<ul style="list-style-type: none"> • Laura Keeney acknowledged that the task team will look into balancing the needs of all disability groups. Plus get an update on CABHA: <ul style="list-style-type: none"> ○ How has the transition gone for CABHAs (including gaps) ○ Make sure people at the LME level are informed of their rights. • Rosemary asked Laura if her task team would look into the lawsuit filed against PBH and DHHS Secretary Cansler regarding the appeals process. 	
Waiver Leadership Team	<ul style="list-style-type: none"> • The SCFAC has requested additional information on the request for one SCFAC member to fill the opening on the Waiver Leadership Team (Frank Edward's position). Hindsight has it that in the past there was discussion that whoever did this work would need to make a commitment. Some members recalled discussion that it would best if the person who volunteers can attend the meetings versus a rotating position per se. Members requested answers to the following questions: <ul style="list-style-type: none"> • What are the meeting dates? 	

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	<ul style="list-style-type: none"> • Can the member call in? • Will confidentiality forms need to be signed 	
ELT Schedule	<ul style="list-style-type: none"> • SCFAC Task Team Chairs will attend ELT: <ul style="list-style-type: none"> • Libby Jones (7-26-11) <i>Family Partners/Peer Support.</i> • Sue Guy (8-23-11) <i>SCFAC LCFAC Interface Task Team</i>, 11 AM • Nancy Black (9-27-11) <i>Budget Task Team</i>, 11 AM • Paul Russ (10-25-11) <i>Plans Task Team</i>, 11 AM • Laura Keeney (11-22-11) <i>Services Task Team</i>, 11 AM • NO December 	
Next Meeting Date	<ul style="list-style-type: none"> • The next meeting is scheduled for September 8, 2011 from 9:00-3:00 P.M. The meeting will be held in the Four Sisters Room at the Clarion Hotel State Capital, 320 Hillsborough Street, Raleigh, N.C. 	
July 2011 Meeting Agenda	<ul style="list-style-type: none"> • Approval of the Agenda • Approval of the July 2011 minutes • Public Comments/Issues • Discussion with Division Leadership • Community Care North Carolina (CCNC) Presentation. • CFAC Merger Discussion with Division Staff. • DMH Budget Presentation • Task Team Work Sessions • Task Team Update • November 2011 Agenda 	